

SECOND DRAFT

**MINUTES OF
NAMI San Joaquin County
Board Meeting**

Thursday, March 20th, 2014, 6 P.M.

SJCMH, 1212 N. California St. Room B, Stockton, CA 95202

Call to Order: 6:00 pm

Roll Call: William Smith, Tasso Kandris, Gertie Kandris, Elizabeth Hess, James Jones, Jennie Montoya, Rita Verde-Fellows, Ron Vandermoon

Absent: Raksmeey Castleman, Irene Sheman

Guest: Aaron Mulcahey, Nancy Smith

Approval of Minutes: William Smith made motion to accept minutes, Gertie Kandris seconded.
Motion passed

Correspondence: None

New Business

- 1. Official status for Michael** – IOOV coordinator? – Bill
See Attached dated 3/13/2014, Bill met with Michael, Michael agreed to be coordinator, Bill and Michael will meet monthly as well as bringing Michael to a board meeting for a meet and greet.
Tasso commented that when discussing the new IOOV Coordinator position, we need to make sure that the description does not in any way indicate anything but a volunteer position.
Jennie Montoya made motion; Gertie Kandris second the motion to accept. Motion passed.
- 2. IOOV Presentation Conflicts** – Nancy Smith
Nancy reported that Lynn Padio, Regional NAMI Cal-MHSA Representative, informed her that Cal MHSA will not reimburse NAMI SJC for the IOOV Presentations to Dignity Health; they will only pay for IOOV presentations for the entire community, not just one organization. The Dignity Health grant only covers administration costs for Debbie Alter. It is estimated that it would cost NAMI SJC \$400.00/month to pay for IOOV Presenters at Dignity Health. Does NAMI want to pay for the Dignity Health IOOV Presenters? After some discussion, it was determined that Tasso and Bill will contact Dignity Health to determine if they will pay for the Presenters and they will report their findings at the next meeting.
- 3. Are we Losing our FOCUS** – Tasso
Tasso invited a discussion of the Board Members with respect of what NAMI SJC's Focus should be and the assignment of duties. Gertie Kandris raised the questions as to whether or not Debbie Alter is in charge of all NAMI programs as she continues to receive requests from Debbie for ETS reporting and that Debbie has also scheduled a date with Delta College, after contacting the ETS Young Adult Presenter about her availability but without contacting Gertie for an ETS presentation for 100 attendees. The ETS program is designed for ages 13 to 18 and an audience of 25 to 30 (not 100) and neither she nor Tasso would have been available at the time scheduled. Nancy Smith referred back to our discussions at the previous Board meetings when it was decided that due to fiscal restraints, Debbie Alters' contract as a part-time Executive Director was not renewed. Board Members made clear at the Planning Meeting that the person in charge of the Education Program/Presentation will be responsible for scheduling, materials, reports, etc. and it is up to them to ask for assistance from other NAMI members, if needed. Debbie is not in charge of anything except NAMI Basics; she is also one of the presenters for Parents & Teachers as Allies and the NAMI Board will check further into Dignity Health IOOV presentations. After a long discussion Bill Smith made a motion, seconded by James Jones that Tasso will write

a letter outlining Debbie Alters' current status/responsibilities as a Volunteer of NAMI SJ. Tasso asked for further discussion from each individual Board Member present. The motion was passed unanimously.

4. Review request from 2 individuals requesting IOOV training at Stanislaus (cost ~\$150 each)-Bill

The cost would be \$150.00 per person = \$300.00 plus the cost of the room which is \$100.00
William Smith made a motion to the costs, Elizabeth Hess seconds the motion to accept- Motion passed.

5. New Desktop for the Office – Tasso

Tasso reported that he spoke with Vic Singh, SJC Mental Health Director, who agreed to have the computer fixed; if this should not solve the problem BHS is willing to replace the computer, Rita recommended turning the computer off after each use.

6. Need More English Brochures – prior to reordering do brochures need changes – Tasso

Before new brochures are ordered we need to remove Debbie Alters name and contact information.

Reports:

A: Treasurer's report-Elizabeth Hess:

Elizabeth Hess handed out a letter received from the Ryan Lauchland fund; there was a check enclosed in the amount of \$1250.00. There was a discussion among the board members as to how the money should be used, the board agreed that Tasso Kandris would send a letter to the organization requesting how they would prefer NAMI of SJ to use the funds. Board agreed to hold on to funds until we had a further understanding.

B: Bills presented for payment- None

C: Legislative Report – Gertie

Gertie Kandris emailed the attached Legislative report to all and expressed that she made it easy for NAMI SJC Board Members to advocate for legislation supported by NAMI as her report provides either Legislator contact information or links.

D: MH&SAB Report – Gertie

Gertie Kandris reported that Vic Singh SJC Mental Health Director introduced Dr. Khurram Durrani as Interim Medical Director of BHS replacing Dr Mascovich. Dr. Durrani has spent approximately 15 years with SJC BHS as both a Child and Adult Psychiatrist; he is Board certified for both as well as for co-occurring/substance use disorders. Also Kayce Rayne provided a 3 year MHSA Preliminary Findings Report. After presentations by Bill Olpin with respect to MHSA Housing outline dating back to 08/06/07, followed by presentations by Service First of the Zettie Miller Haven project to be located on Rosemarie Lane in Stockton and by Eden Housing project to be located on La Tienda Drive in Lodi, the Board voted unanimously for SJC BHS to participate in these two MHSA Community Housing Developments to address, to the degree possible, the great need for affordable housing for the mentally ill in our County.

E: 32nd Annual Pasta- feed or Spaghetti Feed & Raffle? – Jennie -Bill (we need to start on layout of the tickets)

The new name is "The 32nd Annual NAMI S.J. Pasta Luncheon/Raffle", the date is 5/30/14, and we will be using all 3 rooms from 9:00am – 2:00pm. The lunch will begin at 11:00am this year; Tasso Kandris will be designing the tickets. Bill and Nancy Smith will be donating a T.V and a coin, all members are reminded to bring raffle gifts.

(The information is attached.)

F: Other Committee Reports from any of the committees? See attached list

No calls, Bill and Liz are on the "Walk" committee which now consists of 13 teams, the number of teams is down from last year.

Old Business:

1) Speakers Report – Apr, May, June – Bill

Vic Singh will be the speaker for April

2) NAMI Basics using Ryan Lauchland funds – Debbie requesting approval of project as stated in report attached

This discussion started earlier in the board meeting with Elizabeth Hess when reporting the check received by the Ryan Lauchland fund. A copy of this information was given to everyone at the board meeting.

A motion was made by Bill Smith, seconded by Liz Hess, that Tasso make arrangements to meet with the CEO of the Ryan Lauchland Memorial Fund to discuss the proposal and the Fund's expectations of the use of the funds donated by them to NAMI SJ and Tasso will report his finding at the next board meeting. Motion passed unanimously.

Mental Health Month of May update

May is Mental Health Awareness Month

4/29/14-SJC Education Project Safety from 6:30pm-8:30pm (flyer was given to everyone)

5/3/14- Annual NMAI Walk

5/6/2014-Board of Supervisors

5/10/14- Mental Health Awareness at Bear Creek Community Church (flyer was given to everyone)

5/21/14-Mental Health Board meeting

Communications update – Rita

No updates

3) NAMI CA Trainings

Family to Family & Familia a Familia Teacher Training = May 30 to Jun 1st, 2014, Elk Grove

No one attended

Peer to Peer = May 16-18, 2014, Sacramento

Will ask Simira to attend

In Our Own Voice Train the Trainer = Mar 28-30, 2014, Sacramento

Will ask Michael if he can attend

4) Educational Programs Report for 2014

A: Family to Family & Familia a Familia (volunteer – no contract)

16 to attend

B: In Our Own Voice – En Nuestra Proipya Voz (SJC BHS contract – stipends)

7 to attend

C: Peer to Peer – Persona a Persona (SJC BHS contract – stipends)

This class will be starting on 4/5/2014, Wendy will be teaching the class

D: Basics (sponsorship?)

Nancy Smith commented that it is against NAMI policy to pay the teachers for the Basics class. The decision will be placed on hold until the Aprils meeting.

E: Provider Education Course (SJC BHS contract)

The first class is scheduled in April; Tasso Kandris will speak to Vic Singh as to why we can't get more county workers to attend. The money for this program is from Cal-MHSA, we have enough money for 2 more classes.

F: NAMI CalMHSA Programs

(Parents & Teachers as Allies **(PTA)** – Ending the Silence **(ETS)** – **(IOOV)** {verbal agreement w/NAMI Stanislaus})

Gertie Kandris reported on the current ETS program as well as the 3/13/14 presentation to the SUSD Student Wellness Advisory Committee K-8 on 03/13/14 on all NAMI SJ C Resources including all Education Programs.

4) Support Groups Report:

A: English Family Support Groups = Lodi; Manteca; Stockton; Tracy

Tracy-5 attended

Manteca-?

Stockton- 9 attended

Lodi- no report

B: Spanish Family Support Group = Stockton

No report provided

C: Connections Support Groups = Stockton; Tracy

Wendy has agreed to train classes

5) Other OLD Business:

A: NAMI Walks = Bill & Liz- Discussed earlier 13 teams down from last year

B: Further update on Spanish Literature – Rosalva

None

Public Comments: (3 minutes per speaker)

James Jones commented that we (board members) need to distribute more brochures about NAMI in our place of business.

Gertie Kandris informed the board that Anthony Claussen passed away, the services will be held on 3/22/14 at the LDS Church in Brookside.

Adjourn: 8:17pm

Next NAMI SJC Board Meeting: Thursday, April 17th, 2014, 6 P.M.

1212 N. California St., Room B

Stockton, CA 95202

Submitted by Pamela Swift, Secretary NAMI San Joaquin County