

**Minutes - NAMI San Joaquin County
Board Meeting**

Thursday, Aug 21st, 2014, 6 P.M.
SJCMH, 1212 N. California St. Room B, Stockton, CA 95202

Call to Order: 6:05 pm

Roll Call: William Smith, Tasso Kandris, Gertie Kandris, Elizabeth Hess, Jennie Montoya, Irene Sherman, Rita Verde-Fellows

Absent: James Jones, Raksmeey Castleman, Pamela Swift, Ron Vandermoon

Guest: Nancy Smith

Approval of Minutes: Bill Smith made a motion to approve the minutes as submitted. Gertie Kandris seconded Motion passed.

Public Comment: On Wednesday Sept 17th at SJC Mental Health Board meeting at 6 pm in conference room B, Sheriff Moore and Mr. Souza (who is in charge of the jail) will speak about what is needed to provide a mental health unit in the jail. At this time they are put in isolation.

Olivia Mattus from Delta College was supposed to present at tonight's meeting but cancelled due to illness. Tasso will try to reschedule.

Raffle tickets available for prizes for Recovery Happens fundraiser.

Bill stated that San Francisco County adopted Laura's Law. Also adopted in Los Angeles and Orange County.

- Correspondence:**
1. Letter from NAMI California regarding the Directing Change Program (see attachment for detail) .
 2. State Board of Equalization is offering a seminar on Non Profit Organizations.
 3. Save the Date from Brain and Behavior Tues Dec 9th Seminar on cutting edge treatments and solutions for relapse and recovery. Register online or on phone.
 4. Nami California announces new resource for communities around the state . It is an anti stigma arts network manual to reduce stigma through artistic and creative expressions. (See attached for detail).

New Business

1. Sponsorship of NAMI on Delta College - Olivia Mattus was to make presentation but absent due to illness. Tasso inquired if Board wants to sponsor a NAMI group at the college. Jenny suggested the board wait to make a decision until we have more information.

2. Participation in Stockton is Magnificent - Will be held on Oct 4th at Victory Park. Bill and Nancy will have a table there from noon to 3pm. Gertie Kandris motioned to approve Bill and Nancy Smith's participation. Rita seconded and board passed it unanimously. Nancy will notify proper people.

3. Planning for Regional Meeting: Tasso will speak to Vic and try to book the 3 rooms at SJCMH for an all day (9am - 3 pm) meeting to include local affiliates as well as key people from mental health. He will try for the week of Oct 20th or 27th. Nancy said not to book it for either Monday. (20th or 27th). A team of volunteers will be needed for set up etc.

4.NAMI national voting: Each board member voted for 5 candidates for NAMI National board members. Winners are Dorothy Hendrickson, Janet Edelman, Evelyn Tropper, Marilyn Ricci, and Jim Hayes.

Reports:

A: Treasurer's report-Elizabeth Hess:

Financials presented - The board moved 30k to Money Market account with 1% interest income and 10k to CD at BBVA Compass Bank. No other news to report.

B: Bills presented for payment- Reimbursement to Nancy for program expenses and office supplies and Irene for raffle basket.

Request for Payment to Michael Fields for ILWMI Coordinator.

C: Legislative Report – Gertie

See attached report

D: MH&SAB Report – Gertie

Public meeting was held for MHS and posted on the website MHS.com Approved contract for last year and new contract was available.

E: Other Committee Reports from any of the committees?

Old Business:

1) Speakers Report – Oct, Nov, Dec – Bill

Oct - Movie Night (Call me Crazy) - also a Talk on Anxiety Disorders

Nov -

Dec – Potluck / Election

2) NAMI Walk - Bill & Liz.

\$14811.50 was raised for NAMI Walk. Final information not available yet.

3) Brochure sample: Rita brought in a sample of the brochure she is designing. The board was unanimously pleased with the beginning phase. Rita will bring in a more complete sample next month.

4) Order of Brochures - Rita and Irene ordered new brochures so we have a complete set at the office

5) Business Card Update - Nancy: Nancy needs more information on what the board wants on business cards. Nancy brought samples of business cards that fold and a discussion was had regarding content on cards. Tasso suggested Mission Statement be included on Business cards. There are three current mission statements. Board will try to narrow it down to one next meeting.

9) Educational Programs Report for 2014

A: Family to Family Fall class starts on Sept 6th. Basics class to start Sept 5th

B: In Our Own Voice –Tasso will talk to Debbie regarding decline in IOOV presentations. Michael Fields will arrange some presentations at Delta College.

4) Support Groups Report:

A: English Family Support Groups = Lodi (7) Manteca, Stockton (9) Tracy (4)

B: Spanish Family Support Group = Stockton (5)

C: Connections Support Groups = Stockton (7) Tracy (no report)

Adjourn: 8:00pm

Next NAMI SJC Board Meeting: Thursday, Sept 18th, 2014, 6 P.M.
1212 N. California St., Room B
Stockton, CA 95202

Submitted by Elizabeth Hess, Treasurer NAMI San Joaquin County