

NEWSLETTER

NAMI San Joaquin County - P.O. Box 448, Stockton, CA 95201 ▪ 209.468.3755 ▪ info@namisanjoaquin.org ▪ namisanjoaquin.org

990H & Find Help

San Joaquin County

General Meeting Speakers

General Meetings are held **at 7pm right after the 5:30pm Family Support Group** (all are welcome) meetings which take place at: S. J. Co. Behavioral Health — 1212 N. California St. Suite A — Stockton

JULY 3RD General Meeting

Steve Moore, San Joaquin County Sheriff, Coroner, and Public Administrator

Sheriff Moore will speak about the process of persons with mental illness being incarcerated and the revolving door. He will also take questions on the topic.

About Sheriff Moore:

- Elected Sheriff November 9, 2006, and took office January 8, 2007, and was re-elected this year.
- Has over 35 years full-time experience of law enforcement.
- Has commanded every major division with-in the Sheriff's Office.

AUGUST 7TH General Meeting

**Michael Fields
Manager of The Wellness Center**

Michael Fields, Manager of The Wellness Center will be our speaker for August 7th. The Wellness Center is a collaborative effort between San Joaquin County Behavioral Health Services (SJCBS) and Central Valley Low Income Housing Corporation (CVLIHC). The objective is to provide a peer support and self-help program run by individuals living with a mental illness (ILWMI). Michael is active in NAMI as an In Our Own Voice (IOOV) presenter, Peer-to-Peer Mentor, Connections Support Group facilitator, and ILWMI Coordinator for these programs. He often says, "I have found my dream job".

32nd Annual NAMI San Joaquin Pasta Luncheon and Raffle

The 32nd Annual NAMI SJC Pasta Luncheon and Raffle took place on May 31, 2014 at the BHS Campus, 1212 N California Street. County Mental Health Director Vic Singh, who attended this event, praised NAMI San Joaquin for making this function possible and NAMI's continued advocacy, education and support of those affected by mental illness throughout the county.

The pasta, salad and dessert were delicious and a good time was had by all who attended and helped to make this event a success. The top prize was a televi-



Chef Tony Queriolo, Ida his wife and brother Angelo Queirolo

sion which was eagerly accepted by the winner who did not have a TV. 2nd Prize was an uncirculated newly minted silver dollar gratefully accepted by Chef Tony



Ron Vandermoon, Jonnie Arroyo, Aaron Mulcahey, Irene Sherman, Gertie and Tasso Kandris; Front Row from left to right: Jennie Montoya, Raksmeay Castleman and Alyssa Douma



Ticket table Rosalva Garduño and Bill Smith

Queirolo and his wife Ida. NAMI San Joaquin County Vice President Bill Smith donated the TV and the rare coin. Other raffle prizes ranged from home decorations to McDonald and Burger King gift certificates - something for all. Another great benefit from this event is that the net proceeds from this luncheon go toward the costs of the Annual Client Christmas Party at the Moose Lodge in Woodbridge, one more event for our clients to look forward to.

Inside this issue:

General Meeting Speakers	1	NAMI Walks 2014	2	In Memory of Raul Sanchez	3	Family Support Groups	4
Annual Pasta Luncheon	1	NAMI Basics Grads	3	Connections Support	3	NAMI Board & SJBHS Meetings	4



NAMIWalks 2014 A Great Success!!!

NAMI San Joaquin County had the following 13 teams participating in the walk:

- Alter the Stigma**—Debbie Alter, Captain
- Family Advocate Volunteers**—Sheila Foster, Captain
- High Steppers**—Irene Sherman, Captain
- Hope for Tomorrow**— Elizabeth Hess, Captain
- Jazzy energizers**— Marcella Daly, Captain
- Liberated Minds**— Bill Smith, Captain

- Las Positas Coll Psychology Club**— Danica Johnson, Captain
- Niko "conquer" Stigma**— Gertie Kandris, Captain
- Ryan M. Lauchland**— Julie Kent, Captain
- San Joaquin Co. Behavioral Health Services Stigma Stompers**—Stephen Ellington, Captain
- Students in Prevention (SIP)** Alex Martinez Captain
- Team Chad**—Pamela Swift, Captain
- Telecare Jeremy House**—Melissa Hafer, Captain

You Will Never Walk Alone- ???, Captain
NAMI SJC has raised \$12,946.00 per the NAMIWalks website. NAMIWalks Northern California has raised over \$140,000.00

Top Teams so far:

- Liberated Minds-\$4,887.00
- High Steppers-\$2,114.00
- Hope For Tomorrow - \$1,410.00

There are some team photos missing, we are sorry that we did not receive them at the time we published this newsletter issue. :-)



Las Positas College Psych Club Team above: Manny Grandon, Chloe Rankin, Danica Johnson, Tamara Landicho and Christine Resendes



The Niko Stigma Team Gerry and Carol Benjamin, Tasso & Gertie Kandris with son Todd.



The Stigma Stompers Team L to R Becky Gould, Bophasy Saukam, Billy Olpin, Cindy Morishige, Captain Steve Ellington, SJC Mental Health Director Vic Singh with wife and daughter



The "Students in Prevention/SIP" Team above: Craig Davies, with some of his 2013-14 "SIP" students



Liberated Minds Team, Nancy Smith, Aaron Mulcahey, Bill Smith
Row: Becky Clover, Bonnye Slack & Jenny Montoya



Hope for Tomorrow Team, Liz & Shannon Hess, Tasha Horn, Mika Nieto, Tracy Schmidt, Marissa Melgar, Jennifer Johnson, Jenni, Susan, Richard, Joe & Sammy Carlison



High Steppers Team, Wayne, Karen Richardson, Irene Sherman and Daisy



Jennie Medrano's Tag Line



High Steppers Team members Jennie Medrano and daughter Roleen



High Steppers Team Daisy Chew and Team Captain Irene Sherman

Sign Up For The NAMI California Annual Conference!

August 1st & 2nd
Newport Beach Marriott
Keynote Speaker:
Mariel Hemingway

namicalifornia.org



NAMI "BASICS" PROGRAM GRADUATES

The newly implemented Basics program graduated its initial class of students this past May. "The program was a huge success" stated Program Coordinator, Debbie Alter.



Program teachers

Olivia Mattus, Tosh Saruwatari and Debbie Alter wrapped up the first class on May 5th, 2014. Participant evaluations of the program shared "I wish this class had been available years ago as I have learned many new strategies to help my teenager with ADHD," "I can now accept my child's illness as an illness and not just bad behavior or bad parenting," "I now understand how medications work in the brain, very insightful and useful". The 15 participants (not all in photo) now have a "tool box" of resources and strategies to help the entire family when a child is living with a mental illness. The course is targeted towards parents with children/adolescents in the home from age 3 through high school years that started showing behavioral symptoms of a mental illness prior to age 13. The course is led by trained teachers who are themselves the parents of individuals who developed emotional and behavioral difficulties prior to age 13. The next 6-week course (meets once per week) is scheduled to start on September 5th, 2014 in Stockton from 6:00pm to 9:00pm. You may register by calling: Debbie Alter (209) 478-7799 or email dalter-NAMI@att.net. All course materials and classes are free!

Substance Abuse Services Presentation on June 5, 2014



During the June 2014 NAMI SJ General meeting, Jim Sooy, who is in charge of Recovery House and Roland Anderson, Substance Abuse Services Coordinator, made a presentation on BHS Substance Abuse and Dual Diagnosis/Co-occurring disorder services and discussed the curriculum of Recovery House in French Camp located on the campus of SJC General Hospital.

Rolland Anderson, Jim Sooy, Tasso Kandris & Bill Smith

In Memory of Raul Sanchez



Raul R. Sanchez of Stockton, CA passed away on April 22, 2014 after a lengthy illness.

Raul was a passionate, active long-time Family Representative on the SJC Mental Health & Substance Abuse

Board who volunteered

for many committees and extra assignments and shared his many talents and a great deal of his time for those affected by mental illness and substance abuse in our County. He was also a NAMI Member

Raul was born on June 9, 1943 to Jose and Porfiria Sanchez. He was proud of the East Stockton neighborhood, Chivo, where he

was born and spent most of his adolescent years.

Raul was married to his loving wife Jane for 16 years. They enjoyed dancing and bike riding together. Raul was an avid sports fan of the SF 49ers and the Giants. Raul was dearly loved and will be missed by all who knew him.

A special thank you goes to Hospice of San Joaquin and Provident Care for their care and support. Family and friends attended a Memorial Mass which was held on May 1, 2014 at Cherokee Memorial Cemetery.

In lieu of flowers, memorial contributions may be made in Raul's name to the Stockton Shelter for the Homeless, P.O. Box 4803, Stockton, CA 95204.

Tracy NAMI Family Support



The NAMI Family Support Group in Tracy is now the **first and third Monday of each month**. July 7 and 21 as well as August 4 and 18 at **7:00PM**.

NAMI Family Support Group in Tracy has a newly trained facilitator, William (Bill) Smith, assisted by long time facilitator, Nancy Smith.

For more information contact Bill at (209) 982-1750 or whsnursery@att.net.

Connections Support Group

What is it???



NAMI Connection is a recovery support group program for **adults living with mental illness** that is expanding in communities throughout the country.

These groups provide a place that offers respect, understanding, encouragement, and hope.

NAMI Connection groups offer a casual and relaxed approach to sharing the challenges and successes of coping with mental illness. Meetings are held at:

SJC Behavioral Health
1212 N. California St.

1st Thursday each month:
Connections Support Group—5:30 PM

Now Also Saturday Connections

NAMI San Joaquin is excited to announce the recent start of a **weekly** Connection Recovery Support Group.

- Free and confidential
- Held weekly for 90 minutes
- Designed to connect, encourage, and support participants using a structured support group model
- Led by trained facilitators living in recovery.

Saturday's 10:00am – 11:30am
The Wellness Center
1109 N. California St., Stockton

NAMI SAN JOAQUIN COUNTY SUPPORT GROUPS & Board Meetings

L o d i

Family Support Group
 4th **Thursday** each month *except holidays**:
 July 24 & August 28—**6:00 PM**
Contact: Irene Sherman
 209-368-1469
 Or Joselyn Spurgeon 209-369-5936
Location: Lodi Avenue Baptist Church
 Fellowship Hall—2301 W. Lodi Avenue
 Lodi, CA 95242
 Down the street from Raley's

M a n t e c a

Family Support Group
 3rd **Monday** each month—
 July 21 & August 18—**6:30 PM**
Contact: Michelle Moore at:
Michelle4MI@yahoo.com
 or call the NAMI office 468-3755
Location:
 Crossroads Grace Community Church
 1505 Moffat Blvd.
 Manteca CA 95336

S.J. Co. Behavioral Health
Family Advocate:
Richard Black 209-401-6087

Spanish Support Group

4th **Thursday** each month
 July 24 & August 28—**6:00 PM**
Contact: Rosalva Garduno
 (209) 472-0191
Location: SJC Behavioral Health
 1212 N. California St. Suite B
 Stockton

S t o c k t o n

Thursday Support Group
 1st Thursday. each month:
 July 3 & August 7
Family Support Group—5:30 PM
Connections Support Group—5:30 PM
General Meeting 7:00 PM
 (speakers see page 1)
Contact: Mary Ellen Cranston-Bennett
 209-369-2594

The above meetings are held at:
 San Joaquin County Behavioral Health
 1212 N. California St. Suite B—Stockton

Connections Support Group
Saturday's 10:00 AM – 11:30 AM
The Wellness Center
 1109 N. California St., Stockton

T r a c y

Monday Family Support Group
 and Monday Connections
1st & 3rd Monday each month:
 July 7 & 21—August 4 & 18
7:00 PM
Location: Healthy Connections
 Resource Center
 35 E. 10th Street, Suite B
 Tracy, CA
Info: contact Bill at (209) 982-1750 or
whsnursery@att.net.

NAMI SJ Board Mtgs.

July 17 & August 21—**6:00 PM**
 Meetings held at:
 SJ Co. Behavioral Health
 1212 N. California St. Ste A & B
 Stockton, CA

SJC Behavioral Health Board Mtgs.

July 16 & August 20—**6:00 PM**

San Joaquin County Behavioral Health
 1212 N. California St. Suite A & B
 Stockton, CA

NAMI SJC Membership Drive

Use the form on this letter to submit your renewal or new membership dues. **Your membership and support are essential** to NAMI San Joaquin County and enable our affiliate to provide education, support, advocacy and to grow.

BECOME A NAMI MEMBER TODAY!

Please fill out the application form below and send it with your check of \$35 . If you have already paid your dues **THANK YOU!!**




MEMBERSHIP APPLICATION

New Member Renewal

General Member\$35

Open Door (Limited Income)\$3

NAME: _____

STREET: _____

CITY: _____ ZIP: _____

PHONE: _____ CELL: _____

EMAIL: _____

ADDITIONAL DONATION

Please consider giving an additional \$25 or more to NAMI San Joaquin County. Your donation supports our local services for those with mental illness and their family members.

\$ _____ Total Enclosed

Make checks payable to:
 NAMI San Joaquin County or join online at
www.namisanjoaquin.org

I am interested in volunteering for NAMI San Joaquin County. Please contact me at the above address/ phone/Email.

PLEASE MAIL THIS FORM TO:

NAMI San Joaquin County
 P.O. Box 448
 Stockton, CA 95201

NAMI Joaquin County is a 501(c)(3) nonprofit organization. All contributions are tax deductible to the extent allowed by law.